

The Regulation on holding the XXX White Nights International Marathon

The XXX White Nights International Marathon is held with the aim of promotion healthy life-style, introduction regular physical trainings and sports to people, further development of friendly international relations in sports and tourism, and identification the strongest marathoners of St. Petersburg.

The Marathon is held on June 30, 2019 in St. Petersburg. Start and finish of the Marathon will be at Dvortsovaya Square. The Marathon route is laid in one lap along the embankments, avenues and streets in the centre of St. Petersburg, along the well-known architectural and historical monuments.

Marathon run routes:

-42km 195 m

DVORTSOVAYA SQUARE – Admiraltejsky prospect - Senatskaya ploschad– Anglijskaya embankment – Blagoveschenskii bridge - Universitetskaya embankment – Birzhevaya square – Birzhevoy bridge – Akademika Lihacheva ploschad – Kronverskaya embankment -Troizkaya square- Petrovskaya embankment – Petrogradskaya embankment - Aptekarskaya embankment - Professor Popov street – Pesochnaya embankment – Bolshoy Krestovskiy bridge – Petrogradskaya street –Krestovskii prospect - Uznaya road– TURN –Uznaya road - Bolshoy Petrovsky bridge – Savina street - Petrovskaya square – Petrovskiy prospekt- Kadetskii bridge- Zhdanovskaya embankment –Tuchkov bridge – 1 Line of Vasilievskii island - Universitetskaya embankment – Blagoveschenskii bridge - Anglijskaya embankment - Novo-Admiralteiskiy canal embankment - Khrapovitskiy bridge- Moika embankment- Pryazhka river embankment- Mynasnyaya street – Griboedova canal embankment- Malo-Kalinkin bridge - Fontanka river embankment – Pantelejmonovskii bridge - Fontanka river embankment – Chaikovskii street –Gagarinskaya street – Kutuzova embankment – Voskresenskaya embankment - Smolnaya embankment - Sinopskaya embankment – TURN - Sinopskaya embankment - Smolnaya embankment - Voskresenskaya embankment - Kutuzova embankment – Dvortsovaya embankment – Dvortsovy passage – **DVORTSOVAYA SQUARE.**

-10km

DVORTSOVAYA SQUARE - Admiraltejsky prospect – Senatskaya ploschad - Anglijskaya embankment – Blagoveschenskii bridge - Universitetskaya embankment – Birzhevaya square – Makarova embankment - Tuchkov bridge – Dobrolubova prospect – Mitninskaya embankment – Akademika Lihacheva ploschad - Kronverskaya embankment -Troizkaya square -Troitskiy bridge- Dvortsovaya embankment – Dvortsovy passage – **DVORTSOVAYA SQUARE**

Competition management.

The Marathon is organized and held:

The Committee of Physical culture and sports of the government of Saint Petersburg.

ROO "Saint Petersburg Athletic Federation."

"Eurosport" Ltd.

Marathon Run Director: Mikhail Kochetkov

Marathon Chief Referee: Anton Uik, Judge

Marathon Chief Secretary: Irina Pautova, Judge

Participants and Program

Competitions for men and women are held on distances:

- 42km 195m

- 10km.

The Marathon participant can become men and women born in 1999 and older. Men and women born in 2004 and older are allowed running 10km.

Saint Petersburg open marathon running championship is held in the marathon program. The winners and awardees among the men and women will be reward with the medals and diplomas of the Committee of Physical culture and sports. The winners will be horned the title "Saint Petersburg marathon Champion".

LIMITS OF THE MARATHON PARTICIPANTS:

42km 195 m - 6000 participants

10km - 9000 participants

LIMIT OF TRACKS - 6 hours. The participant who doesn't keep within the established standards must stop the running and take off the start number by request of the panel of judges.

The intermediate limits: point 6 km - 1 hour, point 20 km - 2 hours and 50 minutes, point 30 km - 4 hours and 15 minutes.

Awards:

Cash prizes and diplomas instituted by the Saint-Petersburg Athletics Federation are awarded to:

42km 195m distance

Men ranking from the 1st to the 8th and women ranking from the 1st to the 8th place (absolute championship), as well as men and women from the 1st to the 3rd place in their age groups:

MEN	WOMEN
M-20 (1999-1997)	W-20 (1999-1997)
M-40 (1979-1975)	W-40 (1979-1975)
M-45 (1974-1970)	W-45 (1974-1970)
M-50 (1969-1965)	W-50 (1969-1965)
M-55 (1964-1960)	W-55 (1964-1960)
M-60 (1959-1955)	W-60 (1959-1955)
M-65 (1954-1950)	W-65 (1954-1950)
M-70 (1949 and older)	W-70 (1949 and older)

10km distance.

Men and women ranking from the 1st to the 3rd place (absolute championship), as well as men, women, and juveniles from the 1st to the 3rd place in the age groups as follows:

MEN	WOMEN
M-18 (2000-2004)	W-18 (2000-2004)
M-75 (1944-1940)	W-75 (1944-1940)
M-80 (1939 and older)	W-80 (1939 and older)

The Awarding ceremony of the winners and awardees of the distance 10 km and 42 km 195 m in the absolute championship will be on the stage on Dvortsovaya Square (approximately at 11 and 13 o'clock).

The Awarding ceremony of the winners and awardees of age grading will be on the 30 of June on the stage on Dvortsovaya Square and will start at 12 o'clock after the finish.

Disabled sportspeople are awarded under a special Provision (vision A and B, wheel chairs, amputations)

Personal competition

The sportsmen and missions respond for the charge of marathon participation

ENTRANCE FEE

Prices	until February 1st 2019	until May 1st 2019	Until May 31st 2019
Marathon for Russian Federation citizens	1500 rubles	1800 rubles	2200 rubles
Marathon for foreigners	45 euro*		
10km for Russian Federation citizens	800 rubles	1000 rubles	1300 rubles
10 km for foreigners	25 euro*		
Young people under 18 Pensioners W55, M50	Discount 10%		
veterans WWII Leningrad sedge residents	FREE		

** Payment in rubles at the fix CBR exchange rate on the opening online registration date. If the CBR exchange rates will be change more than 15%, the payment be change in proportion*

***If the payment isn't made for 5 days the application will be move away*

Online registration will be open from the 1 December 2018 until the 31 May 2019 on Russiarunning.com
Online registration can be close early on reaching the limit. The fees are not refunded.

Offline registration

Attention! Delegate participation and change the distance are able until 23:59:59 25.05.2019. In case of the re-registration of the participant to the distance with less registration fee the difference won't be refunded. In case of the re-registration of the participant to the distance with bigger registration fee the participant has to make an additional payment. Without the full payment your registration will be nullified.

RACE NUMBER PICK-UP and participant registration (if there are places after online registration) will be:

June 28 from 12:00 till 20:00
June 29 from 10:00 till 19:00

The race number will not be given on the start day on the 30th of June and there will not be any participant registration.

To get the start number you must have a passport, a doctor's permit (not over 6 month) on the day of the marathon. There is nothing requested for the foreign participants.

The starting package includes BIB number, T-shirt, info.

Start of marathon will be at 8:00 a.m. by times clusters.

Start of 10 km will be at 8:30 a.m. by times clusters.

Refresh zones will be on 5.5, 10, 15, 21, 25, 30, 35, 42 km and the finish.

Video and Photo of the marathon. In according to the federal law N 329 FZ from 04.12.2007 "On Physical culture and sports in Russian Federation" all rights on the marathon are residing to the organizers by video and photo. A person who wants to take photos or video of the marathon must pass the accreditation at press- attaché of the marathon. Using video and photos in commerce cab be only with writing permission of the organizers.

Organizing Committee Address:

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Marathon Director

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